
Tasks Required to be Fit for Work

October 2017

Teaching staff must be able to perform the tasks required to be fit for work identified in the Fit for Work Guidelines:

Required Tasks

- Occasionally move equipment in and around the kindergarten on a daily basis. Occasionally assist team members to move large or heavy objects.
- Frequently rake, sweep, hook up and remove swing attachments, wipe floor and table surfaces.
- Sit on the floor for a period of at least 15 minutes and able to get up and down off the floor unaided.
- Sight and negotiate over or around items on the floor, be aware of wet floor.
- Move rapidly in the case of an emergency.
- Frequently squat, lift, rotate, carry, push, kneel and bend down to interact with children.
- Occasionally lift children on and off equipment, this sometimes needs to occur rapidly (average weight is 20kg).
- Frequently participate in physical activities with children, e.g. kick and throw a ball, music sessions, climb in, over and around outdoor equipment.
- Stand for a period of at least 30 minutes.
- Constantly communicate clearly, concisely and accurately, both oral and written.
- Constantly hear if a child is in distress or danger.
- Constantly maintain concentration and attention e.g. scan area for safety, pass on important information, remember daily responsibilities.